

**Identification:**

☐ Mrs. ☐ Miss. ☐ Ms. ☐ Mr. ☐ Dr.

First Name  Initials  Occupation   
Last Name  Employer   
Date of birth (DD/MM/YY)  Height  Weight  Age

**Contact information:**

Street address  Home phone   
City  Cell phone   
Postal Code  Province  Work phone   
Email  Call me first at: ☐ Home ☐ Cell ☐ Work  
Emergency contact (Name)  Emergency phone

**Family physician:**

Name  Phone   
Address

**Do you have extended health care ?**

☐ No ☐ Yes (check all that apply): ☐ Acupuncture ☐ Chiropractic ☐ Compression Hosiery ☐ Massage Therapy ☐ Orthotics

**Location of your visit:** ☐ Lindsay ☐ Bobcaygeon

**Reason for your visit:**

☐ Emergency ☐ Recent injury ☐ Chronic pain  
☐ Wellness ☐ Past injury

**Is the pain or discomfort getting worse?**

☐ Yes ☐ Constant pain  
☐ No ☐ On occasion

**If you are dealing with an injury:**

Where did it occur?

☐ Work ☐ Sports/Play  
☐ Home ☐ Car accident

Other :

When did you first notice the injury?

Explain briefly what happened, and what you did to remedy the injury, if applicable (treatment, medication, etc.):

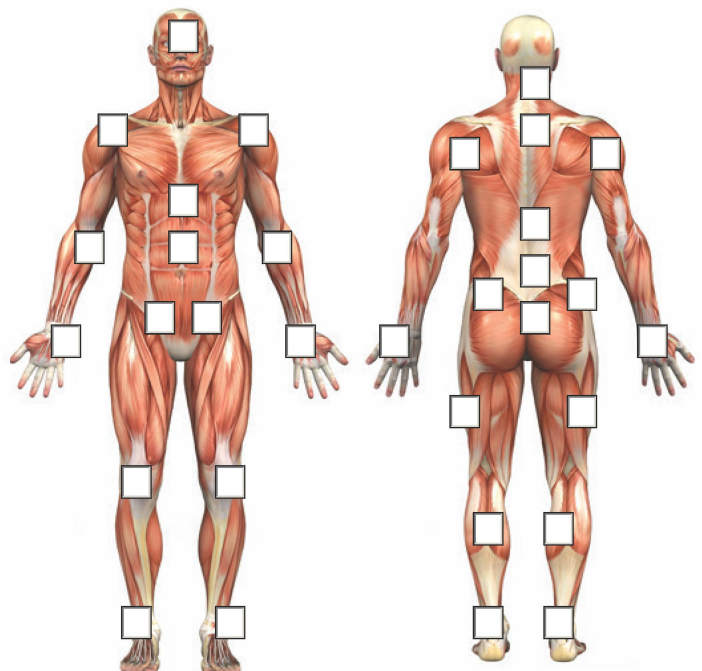
**Are you experiencing pain?** ☐ No ☐ Yes

If you answered yes, how would you rate your pain on a scale of 1 to 10? (0 = no pain)

☐ 1 ☐ 2 ☐ 3 ☐ 4 ☐ 5 ☐ 6 ☐ 7 ☐ 8 ☐ 9 ☐ 10

To help us better prepare, please indicate the approximate spot(s) where you are experiencing pain or discomfort. Fill in the boxes with the following letters:

**A:** aching **B:** burning **S:** sharp/shooting **D:** dull **F:** fatigue **N:** numbness



## Health History

How would you rate the following habits?

	None	Light	Moderate	Heavy
Exercise	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sleep	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Smoking	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Alcohol	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Appetite	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Drinking water	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Sugary foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Salty foods	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>
Prescription drugs	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>	<input type="radio"/>

Please report any family history of disease:

For example: diabetes, heart disease, cancer, high blood pressure, etc.

Are you currently taking any medication, prescribed or otherwise? Please detail:

## Conditions

Check where applicable:

	Currently	Recently	Long Ago	Comments (optional)
Allergies	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Arthritis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Asthma	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Cancer	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Depression	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Difficult urination	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Digestive issues	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Dizziness	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Fainting spells	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Headache	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
High blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Joint swelling	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Low blood pressure	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Osteoporosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Painful menstruations	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Ringing ears	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Scoliosis	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	
Venereal disease	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	

Have you ever:

No

Yes

If yes, please explain briefly

Fractured one or more bones?

☐
☐

Been hospitalized?

☐
☐

Been involved in a car accident?

☐
☐

Been passed out or struck unconscious?

☐
☐

Had surgery or a major operation?

☐
☐

How did you hear about our clinic ?

Referral by :

☐

Doctor

☐

Advertising

☐

Website

Other (please specify) :

Please review the information you have provided.

Do not hesitate to call us if you have any questions about our services, or need clarification on any of the questions in this form. Our number is 705-878-8558.

1. I understand the above information and guarantee this form was completed to the best of my knowledge.

2. I understand that it is my responsibility to inform a staff of Kawartha Care of any changes in my medical status.

3. I understand and agree that health/accident insurance policies constitute an arrangement between my insurance provider and myself.

4. I understand and agree that all services rendered and charged to me are my personal responsibility for timely payment.

PRINT NAME

SIGNATURE

Please print the completed form,  
or email us the saved PDF at:  
[info@kawarthacare.com](mailto:info@kawarthacare.com)

DATE (DD/MM/YY)

Privacy statement: Kawartha Care is committed to protect your privacy, including the personal information you provide to us. Please rest assured that our patient profiles are always kept confidential, and that we strive to ensure the security and confidentiality of our services at all times.

